**JOB DESCRIPTION:**

**Post: Child and Young Persons Lead on Training and Youth Participation**

**Accountable to: Child, Young Persons and Families Service Manager**

**Hours: 37 Hours**

**Salary - £41,000- £43,0000**

**Job Purpose:**

To lead on Mental Health Awareness, Education and Youth Participation with a focus on Young People’s Mental Health. To best support young people, it is important to offer training, education and awareness to professionals and parents who support young people, and ensure that the distinction between mental health, wellbeing and mental illness is more widely understood. This post holder will deliver training to support Mind Jerseys strategy surrounding young people’s mental health; increase access, reduce stigma, promote equality and diversity, and deliver evidenced based practice.

**Training, Awareness and Education**

* To support Children and Young people (CYP) aged 7- 25 experiencing a range of mental health difficulties through workshops, training, and education in a variety of settings (including primary and secondary schools) to young people, parents and professionals who support young people. The work will involve coordinating and undertaking all aspects of the service offered, including handling enquiries, organising all aspects of session preparation, designing presentations, delivery and gathering and producing feedback data. This post holder will be trained to deliver Youth Mental Health First Aid Training to professionals This job role will also involve delivering awareness sessions in the community and bespoke training to partner agencies.

**Youth Participation**

* To lead on Youth Participation and facilitate Mind Jerseys Youthful Minds Participation group on a weekly basis. Youthful Minds is a group of young people volunteering for Mind Jersey. The group has been set up to ensure that Mind Jersey keeps children and young people in mind in pursuit of its vision. Youthful Minds therefore aims to tackle the stigma and raise awareness associated with children and young people’s mental health in Jersey. To achieve this Youthful Minds have created a campaign with a clear framework of actions. The postholder will support young people to have their voices heard regarding mental health services for young people and support with the recruitment of volunteers to participation. The postholder will also support the Youthful Minds volunteers to develop and deliver training for children and young people, parents and professionals.

**Accountabilities**

* Work within all Safeguarding and GDPR policies. Work consistently within confidentiality, data protection and safeguarding children’s policies and practice.
* Recognising and abiding by proper professional boundaries and seek to maintain and manage an effective work/life balance.
* Developing a measurable plan to deliver across island training. Undertake monitoring, measuring, reviewing, and capturing delegate feedback, using agreed tools. Measure the impact that the training/awareness sessions have had using agreed outcome measurement tools. Ensure accurate records are maintained and quarterly reports are provided to management for Mind UK Quality Mark (MQM) purposes and any potential service level agreements with other partners.
* Develop and maintain professional and positive relationships with CYPES (Children, Young People, Education and Skills), Psychology and Wellbeing, Pastoral Staff, CAMHS (Child and Adolescent Mental Health Services) and any other services and the wider community to promote the service.
* Have an excellent understanding of the issues affecting young people’s mental health. Be familiar with primary and secondary mental health services, and a good understanding of the structure of CAMHS (Child and Adolescent Mental Health services) CYPES (Children, Young People, Education and Skills), Education, other local services and available support for children and young people living in Jersey.
* Ensure that young peoples lived experience informs & guides Mind Jersey’s work and have a good understanding of the importance of Youth Participation. Have a good understanding about how to improve access and reduce inequality for young people accessing mental health support in Jersey.
* Keep updated in the field of mental health and attend relevant training courses for professional development and represent Mind Jersey at events with a focus on children and young people. Be committed to ensuring that children and young people have their views shared and voices heard.
* Work in an empowering and respectful manner with all people and work with the whole Mind Jersey Team to address and reduce mental health inequalities in children and young people and families.

**Knowledge and Experience:**

* **Essential** –
* Qualifications and relevant experience working in health and social care, a minimum of 2 years’ experience working with children and young people experiencing mental health difficulties.
* Evidence of teaching experience, with a qualification such as Award in Education (AET) or willing to work towards.
* Experience of delivering training and a comprehensive understanding young people’s mental health
* Experience and knowledge of safeguarding procedures, policy, and good practice for identifying and managing risks. Understand and respect the need for a high degree of confidentiality and can handle potentially sensitive topics appropriately.
* A flexible, responsive, and non-judgemental approach. Well organised and able to meet deadlines.
* A clean and current driving license and access to own transport is required.

**Desirable** –

* Counselling skills qualification,
* Confident in training in others to improve knowledge regarding the best way to support young people experiencing mental health difficulties and mental health crisis.
* Excellent understanding of Young Peoples mental health/mental illness and the related policy and practice issues impacting upon young people and services.
* Excellent interpersonal skills; with the ability to build strong relationships with young people, key individuals, and organisations.
* Have excellent understanding on Participation and the benefits it has and an excellent understanding of the UNCRC and Right for CYP to access participation opportunities. Have experience of helping to devise and deliver user-led training and/or presentations.

The above is not an exhaustive list of duties and you may be expected to perform other tasks in support of the organisation and the overall business objectives of the

**4. Job Context**

Mind Jerseys vision is of a society that promotes good mental health for all and treats people with experience of mental illness fairly, positively and with respect.

Mind Jersey campaigns for a greater public understanding of mental illness and works closely with the statutory services seeking to influence decisions and policy that might lead to improvements in the range of mental health services provided. Emphasis is being placed upon providing more targeted education and training and in sharing relevant information about Child and Young Peoples Mental Health, and the importance of maintaining good mental health, more widely in the community.